An optional idea for the children!

Our children are living through history right now, so why not get them to make a time capsule?!

1. Write a letter to themselves.
   Tell their ages, who their friends are, favourite TV show, song, book etc.
   Write about what is going on right now in their own words.
   Tell their future self how they feel.
   Talk about what they would like to be when they grow up and 5 things they want to do when they are an adult.

2. If possible, print some articles about what is going on now for their future self to read.

3. Draw a picture of their family/house/friends/school.

4. Take some pictures of today, print them out and put them in their 'time capsule'.

5. Put it all together in a scrapbook / box / tin / jar etc. and put it somewhere where you won't get at it for years to come!