

# Growth YR



End Points: Key Learning Objectives:

- To talk about how I have changed since I was a baby
- To discuss how people's lives were different in the past
- To know what a plant needs to grow
- To talk about how we be healthy



How you can help at home:

- Help your child to become familiar with these words and their meanings



## Key Vocabulary

Word	Definition
Past	A time gone by
Present	The current time
Nutrition	Food that helps you to growth and be healthy
Balanced diet	A diet that includes a range of different food types
Seedling	A very young plant that has grown from a seed
Root	A part of a plant that attaches to the ground
Stem	The main body/stalk of a plant
Reciprocal	Equal or fair
Supportive	Providing encouragement or emotional help