

Tuesday 6th June 2023

Re: Y5 Relationships and Sex Education Curriculum

Dear Parents/Carers,

The children in Y5 will soon be studying Life Cycles as part of their curriculum and this will include part of the statutory RSE curriculum about puberty and growing up.

The unit begins with reading a book together “How did I begin” by Mick Manning & Rita Granström. Lessons will also include showing a short film about the changes that take place in boys and girls during puberty, both physical and emotional. The boys and girls will be separated from each other and only view the film related to their own gender. There will then be an opportunity to ask questions.

In lessons, in line with our sex education policy, the subject will be dealt with in a sensitive and non-judgemental way and there will be time to answer any questions the children may have, provided they are within the guidelines for their age group. For information, this unit of work is scheduled to start on Thursday 29th June. You may wish to talk to your child beforehand and be prepared for any questions that may arise afterwards.

Next academic year the children will cover the Y6 curriculum for RSE, this will include watching the videos relating to the opposite gender to their own and discuss further questions. Once again, the boys and girls will be split into two groups: research shows this is the most comfortable and effective way to deliver this topic at the primary age.

Kind regards

Y5 Team