

Friday 20<sup>th</sup> October 2023

Dear Parents and Carers of Ecclesall Primary School Y1 children,

In Year 1 next half term the book we are reading is 'Possum Magic' in which the children will taste the same foods that the characters try in the book and write sentences about these food. The sessions will take place in Autumn 2, the week commencing 6<sup>th</sup> November and will include pavlova, Vegemite sandwich and fairy cake. During the session, we will encourage children to try the different foods available; however we are aware that some children have allergies, are vegetarian or have other dietary needs and we are happy to discuss these with you.

If you have any questions regarding the food tasting or would like to make us aware of any issues regarding the planned session, please talk to your child's class teacher.

Food included:

Vegemite sandwich : Bread (gluten), Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Yeast, Salt, Preservative (Calcium Propionate), Soya Flour, Spirit Vinegar, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Rapeseed Oil, Flour Treatment Agent (Ascorbic Acid).

Yeast Extract (from Yeast Grown on Barley and Wheat), Salt, Malt Extract (from Barley), Flavour Enhancer (Potassium Chloride), Colour (E 150c), Spice Extract (contains Celery), Niacin, Thiamin, Riboflavin, Folic Acid

Pavlova ; Sugar ,Pasteurised **Egg** White.

Fairy cakes : Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Pasteurised Egg, Sugar, Maltodextrin, Pasteurised Egg White, Humectant (Glycerol), Raising Agents (Disodium Diphosphate, Potassium Carbonate, Calcium Phosphate, Glucono-Delta-Lactone, Calcium Lactate), Wheat Starch, Polydextrose, Milk Proteins, Emulsifiers (Mono- and Di-Glycerides of Fatty Acids, Polyglycerol Esters of Fatty Acids), Flavouring.

Many thanks

Y1 Team  
Ecclesall Primary School