

Dear Parents/Carers,

As part of our Eat Happy topic Year 3 will be designing and making a healthy sandwich. The children will design their sandwich in school and bring home their design on **Friday 13th October**. Please could you discuss your child's design with them and send them to school with the ingredients they need on **Tuesday 17th October**.

Please feel free to look at the design with your child and agree / adapt it so you are able to purchase the ingredients required. Part of the activity is for the children to learn about food preparation so please send in un-chopped items.

School will provide butter, ketchup and mayonnaise. If your child would like a different sauce / spread, you will need to provide this.

Please can we remind you **not to send in any food that contains, or may contain traces of nuts** as we have children with allergies in Y3.

If you have any questions please ask your child's teacher.

Thank you for your support,

The Y3 team.