



How you can help at home:

- Help your child to become familiar with these words and the meanings.
- Talk about how they and other family members have changed during their life.

Sticky Knowledge:

I can say how I have changed since I was

The past is any time before now. The present is now. The future is next.

We eat a balanced diet, exercise and have good personal hygiene to help us stay healthy.

Plants need soil, light and water to grow.

Prior Learning

Future Learning



YR: Talk about similarities and differences in relation to ourselves and our families.

Y1: Know our grandparents were children once, further in the past
Identify and describe the basic structure of a variety of common flowering plants.

YR Growth - Summer 1

Key Vocabulary

Past	Any time before now
Present	Happening now
Future	The time that is coming next
Balanced diet	A diet that includes a range of different food types
Personal hygiene	How we look after our bodies and make sure they are clean and healthy
Seed	A seed grows into a new plant
Water	Plants need water to grow
Light	Plants need light from the sun to grow
Soil	Soil provides a place for plants to grow and holds water
Root	A part of a plant that attaches to the ground and takes in water