

Friday 14th June

**Re: Y5 Relationships and Sex Education Curriculum**

Dear Parents/Carers,

The children in Y5 will soon be studying Life Cycles as part of their curriculum and this will include part of the statutory RSE curriculum about puberty and growing up.

The unit begins with looking at the science topic of Life Cycles based on plants and animals. Then, we will focus on human life cycles and will read the book "How did I begin" by Mick Manning & Rita Granström. Lessons will also include showing a short film about the changes that take place in boys and girls during puberty, both physical and emotional. The boys and girls will be separated from each other and only view the film related to their own gender. There will then be an opportunity to ask questions.

In lessons, in line with our sex education policy, the subject will be dealt with in a sensitive and non-judgemental way and there will be time to answer any questions the children may have, provided they are within the guidelines for their age group. This unit of work is scheduled to start on the week beginning 1st July for 2 weeks, should you wish to talk to your child before it is discussed in school or be prepared for any questions that may arise after the sessions.

Next academic year, the children will cover the Y6 curriculum for RSE. This will include watching the videos relating to the opposite gender to their own and having the opportunity to ask further questions. Once again, the boys and girls will be split into two groups for this.

Kind regards,

Y5 Team