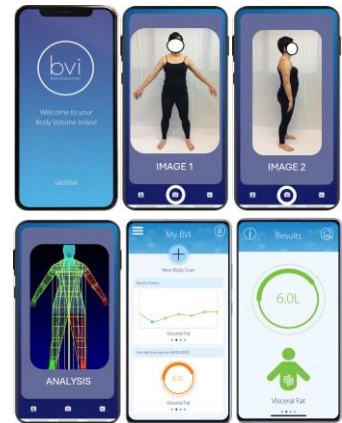


**RE: SHU RESEARCH PROJECT**

Dear Parent/Guardian,

We are researchers at the Advanced Wellbeing research Centre (AWRC) at Sheffield Hallam University (SHU) and we would like to notify you of a research study we would like to run at Ecclesall Primary School. Approval for this research study to be conducted has been obtained from Mrs Hardy, and the SHU Research Ethics Committee (ER66227361). However, we want to make sure **YOU** are happy for your child/ward to participate.

Typically, overweight and obesity levels in children are assessed through the measurement of Body Mass Index (BMI) using a tape measure and scales. However, digital app-based tools are emerging on the market. The Body Volume Index (BVI) app is one such tool. It requires a picture of the front and the side of the body. From these pictures the BVI app estimates body volume, from which BVI is then calculated and overweight and obesity is estimated. Obviously, an app-based tool is quite different to using a tape measure and scales, so we would like to ask your child/ward what they think of this app.



To achieve this, on Wednesday 6<sup>th</sup> November SHU researchers, under a school staff members supervision, will explain what the app is and ask your child/ward to tell them what they think of it. For full details please see the Information Sheet attached. As a thankyou for participating, each child will receive a £10 voucher.

Participation is completely voluntary and if you or your child/ward decide not to take part, it will not negatively impact your child/ward's education or your relationship with the school or SHU.

**If you would like your child to participate in this research, please complete the note at the bottom of this page and return it to your child's / ward's classroom teacher before Thursday 24<sup>th</sup> October.**

Further information is available [here](#) or please do get in contact.

Many thanks,  
Dr Alice Bullas  
Senior Research Fellow in Anthropometry (Human Body Measurement)  
a.bullas@shu.ac.uk / 0114 225 4184

I ... PARENT/GUARDIAN NAME..., would like ... CHILD/WARD NAME... to participate in the SHU research project exploring the acceptability of the BVI app.

Date: DD/MM/2024