



Blending Yoga, Creativity and Fun to Help Children Thrive!




Join Our ACRO WARRIORS Club!

We're excited to continue our **breakfast club sessions** at **Ecclesall Primary School** for **Y3-Y6**, every **Wednesday**. Each half-term features a new theme with certificates to celebrate your child's progress. Expect loads of fun while boosting well-being and happiness! 🧘✨ **Our 6 Yoga Themes:**


- 🦋 **ACRO Yoga** – Balancing poses & flow
- 🎵 **VIBE Yoga** – Music, dance & movement
- 😊 **CHILL OUT Yoga** – Games & breathing tricks
- 🌳 **NATURE Yoga** – Connect with the outdoors
- 🧗 **ADVENTURE Yoga** – Drama & playful adventures
- 💪 **POWER Yoga** – Fast-paced, cardio fun



Spring 2 Theme: NATURE Yoga 🌳

 **Dates:** 26th Feb – 26th March 2025 (5 sessions)

 **Instructor:** Lisa, fully qualified Children's Yoga Instructor (**DBS & first aid certified**)

 **What to bring:** PE kit & water bottle

- **Pricing: £6 per session/£31.66 in total** for 5 weeks (includes **£1.66 booking fee**)
- **Only 22 spots available** – book online ASAP!
- **FREE TRIAL SESSION** available – visit our website to book.

[Click here to book your child's place at Yoga Club!](#)

How to Book: Find your school * Click 'Book FUN / ACRO WARRIORS at...'* You will arrive at our booking system to add details and pay * If the club is full you can join the waiting list.

Enquiries - Jo Wharton 07540 240 404 or email info@kidsloveyoga.org.uk. We look forward to seeing your child at school soon :)

Best wishes, Jo & Lisa