



SMARTPHONE FREE CHILDHOOD

MAY 2025

Ecclesall Primary School SFC Group

Who
are
we?

Hi, we are the members of the Ecclesall SFC and we want to help change the norm of children having smartphones. We're not opposed to smartphones, we just promote delaying giving our children smartphones until they're older. This is to protect them from the detrimental effects such as addiction and exposure to harmful material via social media.

Time
for
change

Socially, this issue is changing fast. It's no longer the case that your child would be the only one without a smartphone. School policies are changing and Silverdale School has confirmed that smartphones will be completely banned for upcoming students (current Year 6s onwards) from this September. The parent led SFC movement turned 1 in February and has grown at an amazing speed because this is an issue which causes parents huge concern, as seen following the huge response to recent TV series Adolescence.

Sign
the
pact

SFC launched parent pacts so that we can pledge to delay giving our children smartphones, giving each other the courage and confidence to delay knowing our children won't be alone. Ecclesall has its own Parent Pact which enables parents to see who else in their child's year group is delaying giving their child a smartphone. Currently 100 Ecclesall pacts have been signed and we want to keep this number growing! To sign up, please follow this link:

<https://docs.google.com/forms/d/e/1FAIpQLSfonIUHWkphHJsxHGF2UCmzR2-M3d2pcumWamT-ITSdhES0GA/viewform>.

To request the form in Microsoft Word format, please message 07941 643152.



SMARTPHONE FREE CHILDHOOD

In the UK, over 100,000 pacts have already been signed. If you go onto the SFC website, you can see how many of the national pacts have been signed by Ecclesall School parents...and of course, sign the pact too, if you want 😊.

www.smartphonefreechildhood.co.uk

A basic phone is all a young person needs in order to stay connected to you. Tech companies are developing new designs and there are now some smartphone-style phones out there. See www.smartphonefreechildhood.co.uk for details of the latest 'dumb' phones and their features. You might be surprised!

If you want to know more you could also watch the channel 4 documentary 'Swiped', Netflix's 'Adolescence' and read 'The Anxious Generation' by Jonathan Haidt.

In
the
UK

Learn
more



Driving, drinking, smartphones



Over time we've learned to restrict children's access to harmful adult products. The evidence is clear that smartphones should be next.

smartphonefreechildhood.co.uk/join



CHILDHOOD'S TOO SHORT TO BE SPENT ON A SMARTPHONE



smartphonefreechildhood.co.uk/join