

## York YHA kit list 2025

Packed @ home	Packing list	Packed @ York YHA
	Disposable packed lunch (no nuts)	
	Reusable water bottle	
	Small light ruck sack with the packed lunch and water bottle inside on day 1.	
	1 bath towel	
	Bag containing toothbrush, toothpaste, soap / shower gel, flannel, hairbrush etc.	
	Night clothes	
	Socks & underwear	
	2 T-shirts	
	Sweatshirt / jumper	
	Trousers / jeans / tracksuit bottoms / shorts	
	Waterproof jacket	
	1 spare pair of trainers / walking boots	
	Large plastic bag for dirty clothes	
	Sun cream / hat / sunglasses	
	Teddy (optional)	
	Small travel game or playing cards <b><u>(not trading cards)</u></b> (optional)	
	Reading book (optional)	
	Small torch (optional)	

### Please note:

- Off-site activities / walk into York will continue even in poor weather so please bring warm / waterproof clothing.
- Do bring some trousers that are not jeans as denim is uncomfortable to wear when wet and they take a long time to dry.
- **Please name all items of clothing**
- Pack everything into one suitcase / rucksack / holdall which can be easily carried by your child.
- One small and light rucksack will be needed for daily use to carry lunch and water bottle.
- Do not bring anything valuable or of sentimental value on the trip in case of loss or damage.

### **Please do not bring:**

- ☒ Mobile phones
- ☒ Cameras
- ☒ Electronic games or iPads / tablets
- ☒ Trading cards e.g. Pokemon
- ☒ Jewellery/ Smart watches ( normal watches are OK)
- ☒ Expensive clothes or shoes
- ☒ Sweets - they are not allowed on the coach or in the dormitories
- ☒ Money- the children will not need money for anything on the trip

### Medication:

**All medication must be clearly labelled and handed to your child's class teacher prior to departure** along with instructions regarding dosage and requirement (if this is over and above what is on the original medical form). Inhalers for asthma should be kept with the pupil at all times and a note should be clearly made on the medical information form.