



# Free Taster Session!



**a playful twist on yoga!**

Book a **FREE** session in our **Acro Warriors Yoga Club** any week this half term!

VISIT: <https://www.kidsloveyoga.org.uk/book-your-childs-place>

**Wednesdays 7.30 - 8.45am - Y3 - Y6**

Lively & fun yoga games and challenges, breathing techniques for kids, guided relaxations, all linked to our themes below!



\*T&Cs apply