



Acro-Warriors Yoga Club!



a playful twist on yoga!

Ecclesall Primary School Acro-Warriors Yoga Club!

Wednesdays 7.30 - 8.45am - Reception - Y6

VISIT: <https://www.kidsloveyoga.org.uk/book-your-childs-place>

How to Book: Find your school * Click 'Book FUN / ACRO WARRIORS at...' * You will arrive at our booking system to add details and pay
* If the club is full you can join the waiting list.

Autumn 1 Theme: Acro Yoga – Fun poses to build strength, balance and teamwork

Dates: 10th September - 22nd October 2025 (7 sessions)

Time: Drop at the school office at 7.30am

Instructor: Lisa, fully qualified Children's Yoga Instructor (DBS & first aid certified)

What to bring: PE kit, water bottle & healthy breakfast snack!

****Pricing:** £6 per session/£44.23 in total for 7 weeks (includes £2.23 booking fee)

****Joining after week 1? Only pay for the sessions you use.**

FREE trial available – visit our website to book.

Lively & fun yoga games and challenges, breathing techniques for kids, guided relaxations, all linked to our themes below!



Kids Love Yoga



Joanne Wharton 07540 240404

info@kidsloveyoga.org.uk

www.kidsloveyoga.org.uk

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