

\*FREE HALF TERM HOLIDAY CANP Sheffield, ST Kids Yoga & Well-being Holiday Camp, sheffield, ST FREE Lunch & Healthy Snacks Provided!

When?

28th, 29th, 30th October 10am-2pm

Healthy Snack Making, Themed Crafts, Glow in the Dark Disco, Energetic Yoga Games!

Bookings Open Friday 3rd Oct@ 3pm

Book: sheffieldhealthyholidays.org

07540 240 404 / hello@shapinghealthyminds.org.uk









## Who?

Ages 5-10 yrs, benefits-related free school meals (other circumstances considered).

## Where?

Carterknowle Methodist Church, 1 Edgedale Rd, Sheffield S7 2BQ