

Friday, 13<sup>th</sup> March 2026

Dear Parents and Carers of Y2 children,

In Year 2, we are learning about healthy eating and food groups as part of our science topic. To link with this the children will be planning and making their own healthy flapjacks on the morning of Friday, 27<sup>th</sup> March. The children will also be trying the flapjack which they make. Listed below are the ingredient that they will taste and possibly include in their flapjacks.

Food included:

Oats, dairy free spread, honey, apple, carrot, cinnamon, banana, sultanas, dried apricots, dates.

We will encourage children to try the different foods available; however we are aware that some children have allergies, are vegetarian or have other dietary needs. If you have any questions regarding the food tasting or would like to make us aware of any issues regarding the planned session, please talk to your child's class teacher.

If you are available to help with this activity please let the class teacher know!

Many thanks

Y2 Team  
Ecclesall Primary School