

Friday, 11th September 2026

Dear Y3 Parents/Carers,

In Year 3, one of our Autumn term topics is 'Eat Happy' in which the children learn about where our food comes from and the different food choices that we can make. As a school, we are also celebrating European Day of Languages. To introduce both these topics we are having a food tasting session involving foods from different countries. The session will take place on **Friday 25th September** and will include a selection of fruit, breads and meats (see below for the full lists of foods). During the session we will encourage children to try the different foods available, however **we are aware that some children have allergies, are vegetarian or have other dietary needs and we are happy to discuss these with you.**

A detailed breakdown of the ingredients in each item will be available in the week leading up to the activity. Unfortunately, we cannot buy the items any closer to this date as the food is perishable.

If you have any questions regarding the food tasting or would like to make us aware of any issues regarding the planned session please talk to your child's class teacher.

Many thanks

Y3 Team

Food list:

Pineapple, sundried tomato, mango, avocado, olives, brioche, croissant, chocolate, feta, salami, chorizo and prosciutto